

HEALTHY EMOTIONAL & PSYCHOLOGICAL DEVELOPMENT
OF OUR YOUTH
DENVER, COLORADO
NOVEMBER 5-7, 2002
AGENDA

Monday, November 4, 2002

*Location: Governor's Square Foyer
Adam's Mark Hotel
1550 Court Place
Denver, Colorado 80202
Tel: 303-893-3333*

6:00pm–8:00pm Registration

Tuesday, November 5, 2002

*Location: Governor's Square 16 Meeting Room
Adam's Mark Hotel
1550 Court Place
Denver, Colorado 80202
Tel: 303-893-3333*

8:00am-8:30am Continental Breakfast

**8:30am–9:15am Introductions
Overview of Session**
Nancy Strudwick, Youth Services Division Manager, Denver YO!
Bob Alvarez, Youth Council Chair, Denver, Colorado
Seth Howsden, Case Management Coordinator, Denver YO!
Raymond Gonzales, DOL Denver Regional Office
Christina Techico, DOL National Office

9:15am–9:30 am Break

**9:30am-12:00pm Introduction to Denver YO! Referral Process
Suicide Policy & Training
Learning Connection**
Description: Participants will gain an understanding of Denver YO! referral process and the development of Denver YO!'s suicide policy. Participants will also receive basic suicide/crisis training and intervention.

Seth Howsden, Case Management Coordinator, Denver YO!
Dr. Stuart Nyholm, Clinical Consultant, Denver YO!

12:00pm–2:00pm Networking Lunch at Hotel

- *Denver YO! Performance Troupe (invited)*
- *Exchange of YO! items*

2:00pm–5:30pm

Adolescent Emotional/Psychosocial/Behavioral Development

Description: Participants will gain an understanding of the various stages of psychosocial development and adolescent life perspectives. Common adolescent/young adult diagnoses and effective intervention strategies will be discussed. This session will also address various interpretations of and stigma associated with mental health and educational terminology for the purpose of increasing understanding and enhancing communication. In addition, current trends in mental health illnesses faced by adolescents/young adults such as depression and bipolar will be addressed.

Mr. John Coppola, Training & Technical Assistance Coordinator,
TransCen, Inc., Rockville, Maryland

Wednesday, November 6, 2002

*Location: Governor's Square 16 Meeting Room
Adam's Mark Hotel
1550 Court Place
Denver, Colorado 80202
Tel: 303-893-3333*

9:00am–9:15am

**Coffee Services
Introductions
Review of Day's Activities**

9:15am–11:45am

Strength-Based Assessment Tools and Techniques

Description: Various assessment tools and techniques for learning styles/preferences, vocational interest/aptitudes, positive personality traits, and at-risk behavior will be highlighted. In addition, this workshop will address how to recognize the warning signs of at-risk behavior and resources that can be used.

Mr. John Coppola, Training & Technical Assistance Coordinator,
TransCen, Inc., Rockville, Maryland

11:45am–1:15pm

Lunch (on your own)

1:15pm–3:45pm

Addressing Post Traumatic Stress Disorder

Description: This workshop will address how September 11, 2001, has affected our youth and ways to discuss current events with our youth. In addition, the participants will address how violence in the neighborhoods and communities our youth live in can distort their perspectives and how case managers can work and help youth in this situation.

Dr. Manual Rodriguez, Healing Center, Denver

- 3:45pm–5:15pm** Tour of Denver YO! Site
Site Visit with Denver YO! Coaches
- 5:30pm-6:30pm** Barbecue at East Campus hosted by Denver YO!
- 6:45pm** Bus departs for hotel

Thursday, November 7, 2002

Location: *Ridgeview Youth Detention Center*
28101 E. Quincy Avenue
Watkins, Colorado 80137

- 8:15am** Bus leaves hotel for Ridgeview Youth Detention Center
- 8:45am** Tour of facilities

**9:30am–12:30pm Youth with Emotional/Behavioral Disorders Involved
with Juvenile Corrections**

This workshop will address the needs of youth with emotional/behavioral disorders, mental health issues, and substance abuse who also have current or previous involvement with juvenile corrections. Information will be provided on critical issues and specific strategies for assisting these youth. Specifically, the session will focus on five topics:

(1) introduction to the National Center on Education, Disability, and Juvenile Justice (EDJJ); (2) application of a functional assessment of behavior; (3) specific strategies for assisting youth transition to school and work; (4) promoting youth self-management of appropriate behaviors; and (5) effective social skills instruction. Participants will obtain information on these topics and provided an opportunity to apply information and strategies to their unique situation.

Dr. Joseph Gagnon, George Mason University, National Center on Education, Disability, and Juvenile Justice, Fairfax, VA

- 12:30pm–1:30pm** Lunch @ Ridgeview

- 1:30pm–2:30pm** **Community Partners: Leveraging Resources, Networking, and Fostering Resources**
Marilyn Webb, Project Coordinator, Center for Network Development
Seth Howsden, Case Management Coordinator, Denver YO!
- 2:30pm-3:30pm** **Taking It Home**
Ray Gonzales & Christina Techico
Reflection: Strengths that we saw; why this would be a good way to set up at your site; how do you take what you heard & put into action at your site? What are your next steps?
- 3:30 pm** Buses return to hotel